

Mission Parent Resource Quarterly

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Compiled by the Mission Early Childhood Development Committee (Mission ECD)
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April- June 2010

Community Activities and Events

Family Place Programs: 7369 James St. 604-826-3323. A centre specifically for children 0 to 6 years and their families, **Community Drop-ins** Mon., 8:30-10:30am and Tues., Fri. 9:30-11:30am for playtime, crafts and a snack. **Tree House Lunch Bunch** Fridays 11:30am- 1pm. Afternoon programs include: **Penny Saving Nutritional meals** on Mon and Thursdays, 3-5pm and **Fun Family Phonics** on Wednesdays, 12:30-2pm. **Me and My Daddy** breakfast drop-in Sat. 10-11:30am. Some programs require registration so please call or e-mail cindy.corney@missioncommunityservices.com

Future 4 Nations Head Start Program: Located at St. Mary's, 34110 Lougheed Hwy, 604-820-4567. Licensed preschool program for Aboriginal children. Classes run Mon. - Thurs. 9:00-11:30am or 1:00-3:30pm during the school year. Transportation may be provided.

Mission Aboriginal Family Place: 604-820-4693 at St. Mary's, 34110 Lougheed Hwy, Mon. - Thurs. 9:30am-12pm., with transportation available on Tuesdays and Thursdays. For families raising Aboriginal children 0-6 years enjoy snacks, activities, (including culture/language) learning centers, circle time, free play, crafts, field trips, parent information workshops and family nights. Home visits are available.

Mission Arts Council Programs: 33529 First Ave. 604-826-0029. Call for information about children's programs. www.missionartscouncil.ca

Mission Friendship Centre Programs: 33150 1st Ave. 604-826-1281. **Cultural Night** on Thursdays 5-7:30pm. **Pow Wow** July 18 at St. Mary's, 34110 Lougheed Hwy, with drumming, dancing, vendors, food. Admission at the door.

Mission Parks and Recreation: 7650 Grand St. 604-820-5350. Loonie swim \$1 per person, Sunday 10am-12pm. **PLAY Program** provides free and low cost recreation opportunities for individuals and families on limited income who live in Mission. For forms and more information please contact Parks, Recreation & Culture. Or visit their website at www.mission.ca

Mission Public Library Programs: 33247 2nd Ave. 604-826-6610. **Baby Days Story times** for children birth to 24 months Tuesdays starting Mar. 31, 10:30-11am. **Family Storytimes** Thurs. Mar. 18- Apr. 29, 10:30-11am **Evening Family programs** 6:45-7:30pm: **Family Fun Nights**, April 14 **Pajamarama** May 6th

Tree House Drop In: 604-556-1206, 34203 Dewdney Trunk at the Mission Alliance Church for ages 0-6, Mon. and Tues. 9-10:30am for playtime, crafts, circle time, songs, games or stories. Thursdays' drop in is at 9224 Stave Lake St.

WHIN: 32065 Van Velzen, 604-826-5349. West Heights Inclusive Neighbourhood Project is a support for children and families located at West Heights Elementary School. **Early Literacy drop in** Tues. and Thurs. from 1- 2pm for children 0-6.

Yummy Mummy's Walking Group: A rain or shine stroller walking group that meets on Thurs. at 11am in the Leisure Center's parking lot to walk, meet new people and get some exercise with your little ones, 7650 Grand St.

StrongStart Centres: A free family literacy program at 7 Mission

elementary schools where parents / caregivers and their children learn and play together. All programs occur on school opening days only.

Cherry Hill 32557 Best Avenue	Mon. to Fri. 8-11am	
Mission Central 7466 Welton Street	Mon. Wed. and Fri. 8:30-11:30am	Tues. and Thurs. 12-3pm
West Heights 32065 Van Velzen	Tues. and Thurs. 8:30-11:30am	Mon, Wed and Fri. 12-3pm
Silverdale 29715 Donatelli Road		Tues. and Thurs. 8:30-11:30am
Deroche 10340 N. Deroche Road	Wed. and Fri. 8:30-11:30am	
Dewdney 37151 Hawkins Pickle Road, Dewdney		Mon. 8:30-11:30am
Christine Morrison 32611 McRae Ave.	Mon. to Fri. 12-2:45pm	

Little Readers Programs

Albert McMahan	Fridays 9am
Christine Morrison	Fridays 8:45-9:30am
Durieu	Wednesdays at 8:30am
Hatzic	Fridays at 8:30am
Hillside	Fridays 8:30am
Windebank	Fridays at 8:30am

Books for Breakfast/Ready Set Learn Dates

Christine Morrison	April 29 at 6pm
Dewdney	Mar. 31 at 6:30pm
Durieu	June 10 at 9am
E.S.R.	Mar. 25 at 6pm
Hillside	Apr. 20 at 10:30am
Mission Central	April 9 at 9am and Mar. 31 at 6:30pm
Windebank	Apr. 22 at 6:30pm, April 26 and May 3 at 1pm

Public Events in Mission :

Easter Egg Hunt sponsored by the Elks and Lions, Sun. Apr. 4, 7494 Mary St. at Fraser River Heritage Park. Call 604-826-3112 for more information.

Parenting Anxious Children: Mon. April 19th, 9:30am - 12pm, 7364 Horne St. Some anxiety is normal and necessary but there are some things parents can learn to help children cope better. Call to register 604-820-4300

Earth Day Celebration: Thurs. April 22, 10am-1pm Children's celebration at the Mission Leisure Centre with crafts, face painting, bouncy castle and community information.

ADHD in Children Dr Karen Bamber will present on Tues. April 17, 6:30-9:30pm Cascade Community Church, 35190 Delair Rd Abbotsford, call 604-854-3309 or e-mail kulzer1@telus.net to register

Car Seat Training for Expecting Parents: April 24, 10am-12pm, at Leisure Centre. \$10 fee. Call 604-820-5350 to register.

Celebrating Moms: Wed. May 12, 10am-1pm Children's celebration at the Mission Leisure Centre with crafts, face painting, bouncy castle.

2010 Children's Festival June 13, 11am-4pm at Fraser River Heritage Park - fun for children and the young-art-heart. Music, dance, juggling, games, numerous art workstations, pony rides, bouncy balloon.

Soap Box Derby June 19th, 9am down Stave Lake Rd. at 11th

Old Car Sunday June 20th, 8am-3pm, rain or shine at Fraser River Heritage Park, 7494 Mary Street. Hundreds of vintage cars and their owners as well as vendors.

Celebrating Dads: Thurs. June 24, 10am-1pm Children's celebration at the Mission Leisure Centre with crafts, face painting, bouncy castle.

Mission Resources and Supports

Baby's Best Chance: Pregnancy outreach, counseling, nutritional information, supplements and drop in lunch every other Thursday. For more information, call 604-820-8455.

Big Brothers Big Sisters: 604-852-3331, at Fraserview Elementary, 32444 7th Ave. Tues., Wed and Thurs. during school opening days. Please call first to confirm.

Car Seat/Booster seat Screening: Mission Child Safety Committee holds free clinics the **2nd Friday of each month**, April. 9, May 14 and June 11, from 2-4pm at Fire Hall #1, 33330 7th Ave. **On the 4th Tuesday of the month** April 20, May 18 and June 15 at the Health Unit, 32618 Logan Ave. from 9:30-11am They will check for proper installation of car seats. Clinics will also be held at the Leisure Centre on April 22, May 12, June 24 from 11:30am-1:30pm. Call 604-768-6733 for more information.

Children Who Witness Abuse: Women's Resource Society of the Fraser Valley, 604-820-8455.

Children's Anxiety Group: Free sessions for 4/6 weeks with children ages 6-8. Register at 604-820-4300.

Crisis Line: toll-free 1-877-820-7444. "We are here to listen", provides referrals and support.

Fraser Valley Child Development Centre: #4- 7337 Welton St., 604-820-9536 www.fvcdc.org In partnership with families and communities provides opportunities and services which enhance the quality of life for children with developmental needs.

"Know It" 1:1 program for children and families whose parent has a mental illness, call Mark Littlefield for registration 604-832-0705.

La Leche League: Breastfeeding information and support. Contact Erin 604-820-3295 or Lee 604-288-1565. Free meetings held on the second Tues. of each month at 1pm at Family Place, 7369 James St., babies welcome!

Mental Health Services for children 0 to 6 years. Play therapy. For more information call 604-820-4300. **Child Parent Relationship group** starting in the fall call to register.

Mission Child Care Resource and Referral: 7369 James St. in Family Place. Guidance for parents in finding appropriate childcare, and caregiver support. List of licensed Child Care Facilities available. Able to assist with Childcare subsidy application process. Toy, book and infant equipment lending library located in "Toy House" behind CCRR office is available for use for parents and caregivers. Call Laura Hope 604-826-6194 or 604-302-2395

Mission Family Support Network: 32939 7th Ave in Mission Senior Secondary, 604-826-7317. Free self referring counseling services and support for children, youth and their families.

Mission Health Unit: 32618 Logan Ave, 604-814-5500. Baby Time drop in, Mon and Fri. 10-11:30am. Regular immunization clinics by appointment. Breastfeeding help and new born visits. Free fluoride varnishing for children under 5. Language assessments available for children under 5, phone to make a referral or attend monthly speech drop ins from 10:30-12pm. Please call for specific dates. Car seat safety checks on April 20, May 18 and June 15 from 9:30am-11:30pm at the Health Unit. List of licensed Child Care Facilities also available.

Mission Hospice Society: 7311 James St. Suite E, 826-2235, provides support and care for patients and families living with life-threatening illness and anyone coping with the loss of someone significant in their lives.

Mission Literacy In Motion: Providing adult tutoring and tutor training as well as Reading Buddies matches for elementary school aged children; call 604- 557-7614 for more information.

Mission Transition House: Crisis services and housing for women and their children. Call 604-826-7800.

Multicultural Outreach Services: 33179 2nd Avenue. Translation and support services for new immigrants and refugees. Call Kusum at 604- 826-3634.

Nobody's Perfect: 6 to 8 week parenting, education and support group for young parents in English. Call 604-826-3634 to register for session at Family Place.

Options for Sexual Health: 604-814-5502, Tues. 5-7pm.

Parents Connect: 7369 James St. Come out for a weekly get together, conversation and fun activities. Guest speakers will cover a range of topics including parenting resources, getting to know your community, self care and much more. Childcare and transportation provided free, Wed. 6-8pm. Phone Amanrdeep at 604-826-3634.

Positive Parenting: Classes to improve family relationships and lend support. Call Bob Gaskell at 604-826-3634 to register.

Post Partum Support Counselor/Group: Support for mothers of young children. Call for more information, 604-826-3634.

Sexual Abuse Intervention Program: a professional therapeutic service for children and youth under the age of 19 years who have experienced the trauma of sexual abuse. For more information call 604-820-4300

Sto: lo Nation Supported Child Development Program:

Located at St. Mary's, 34110 Lougheed Hwy, 604-820-6097. Provides supported child development service for Aboriginal children and families living in Mission. Family centered program working with children age 0-12 who require extra support.

Supported Child Development: 33345 2nd Ave., 604-826-9080 Working with families and childcare providers to enhance and support inclusive quality childcare. For children 0 to 12 who require extra support in a childcare setting.

Women's Resource Society Of the Fraser Valley: 33070 5th Ave., 604-820-8455, www.wrsfv.ca Counseling, advocacy information, outreach services referrals, support groups for women who have or are experiencing abuse in relationships.

YAPPEE (Young Adults Parenting Positively Enthusiastically and Effectively): YAPPEE at 33837 Prentis Ave. Foursquare Church Tuesdays 5-7pm. Free transportation and child minding. Call Linda Walker 604-826-3634 or Chris Johnson 604-820-8455.

The Mission Early Childhood Development Committee is concerned with the growth and development of all children in Mission. We welcome community partners and participants to support and shape the short and long-term interests of our community's children. Call Laura Wilson at 604-820-4367 or e-mail ecdcommittee@shawbiz.ca for more information.

Mission ECD Committee website
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